

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



# January 2022

The Cottages-Harbor Bay & Lighthouse Cove



1  
 Sunrise Chat  
 AM BINGO  
 Junk Drawer Detective  
 PM Sensory Group  
 Nights Music-Resident's Choice  
 New Year's Day

2  
 Morning Greeting  
 TV Church  
 AM Collage Making  
 PM Movie & Popcorn  
 Nights Connect 4

3  
 Socialize w/Friends  
 AM Bowling  
 Would You Rather.....  
 PM Card-O  
 Nights Creative Coloring

4  
 Neighborhood News  
 Fancy Nails  
 AM Charades  
 PM Sing Along  
 Nights Trivia

5  
 Coffee & News  
 AM Balloon Volleyball  
 Bike Riding  
 PM Ping Pong Game  
 Nights Bean Bag Toss

6  
 Today's News  
 AM BINGO  
 Book Club  
 PM Exercise Group  
 Nights Reminiscing

7  
 Wake up w/Friends  
 Fancy Nails  
 AM Painting w/Friends  
 PM Music & Movement  
 Nights Penny Pitch

8  
 Sunrise Chat  
 AM BINGO  
 Junk Drawer Detective  
 PM Sensory Group  
 Nights Music-Resident's Choice

9  
 Morning Greeting  
 TV Church  
 AM Collage Making  
 PM Movie & Popcorn  
 Nights Kerplunk

10  
 Socialize w/Friends  
 AM Kickball  
 Finish the Line  
 PM Yahtzee  
 Nights Creative Coloring

11  
 Neighborhood News  
 Fancy Nails  
 AM Pictionary  
 PM Sing Along  
 Nights Trivia

12  
 Coffee & News  
 AM Noodle Ball  
 Bike Riding  
 PM Ping Pong Game  
 Nights Bean Bag Toss

13  
 Today's News  
 AM BINGO  
 Book Club  
 PM Exercise Group  
 Nights Reminiscing

14  
 Wake up w/Friends  
 Fancy Nails  
 AM Crafts w/Friends  
 PM Music & Movement  
 Nights Penny Pitch

15  
 Sunrise Chat  
 AM BINGO  
 Junk Drawer Detective  
 PM Sensory Group  
 Nights Music-Resident's Choice

16  
 Morning Greeting  
 TV Church  
 AM Collage Making  
 PM Movie & Popcorn  
 Nights Connect 4

17  
 Socialize w/Friends  
 AM Bowling  
 Would You Rather.....  
 PM Card-O  
 Nights Creative Coloring  
 Martin Luther King Jr. Day

18  
 Neighborhood News  
 Fancy Nails  
 AM Charades  
 PM Sing Along  
 Nights Trivia

19  
 Coffee & News  
 AM Balloon Volleyball  
 Bike Riding  
 PM Ping Pong Game  
 Nights Bean Bag Toss

20  
 Today's News  
 AM BINGO  
 Book Club  
 PM Exercise Group  
 Nights Reminiscing

21  
 Wake up w/Friends  
 Fancy Nails  
 AM Painting w/Friends  
 PM Music & Movement  
 Nights Penny Pitch

22  
 Sunrise Chat  
 AM BINGO  
 Junk Drawer Detective  
 PM Sensory Group  
 Nights Music-Resident's Choice

23  
 Morning Greeting  
 TV Church  
 AM Collage Making  
 PM Movie & Popcorn  
 Nights Kerplunk  
 Activity Professionals Week

24  
 Socialize w/Friends  
 AM Kickball  
 Finish the Line  
 PM Yahtzee  
 Nights Creative Coloring

25  
 Neighborhood News  
 Fancy Nails  
 AM Pictionary  
 PM Sing Along  
 Nights Trivia

26  
 Coffee & News  
 AM Noodle Ball  
 Bike Riding  
 PM Ping Pong Game  
 Nights Bean Bag Toss  
 Australia Day (observed)

27  
 Today's News  
 AM BINGO  
 Book Club  
 PM Exercise Group  
 Nights Reminiscing

28  
 Wake up w/Friends  
 Fancy Nails  
 AM Crafts w/Friends  
 PM Music & Movement  
 Nights Penny Pitch

29  
 Sunrise Chat  
 AM BINGO  
 Junk Drawer Detective  
 PM Sensory Group  
 Nights Music-Resident's Choice

30  
 Morning Greeting  
 TV Church  
 AM Collage Making  
 PM Movie & Popcorn  
 Nights Connect 4

31  
 Socialize w/Friends  
 AM Bowling  
 Would You Rather.....  
 PM Card-O  
 Nights Creative Coloring

\*Spontaneous activities occur throughout the day based on resident's preference.