

| Sunday  | Monday   | Tuesday  | Wednesday   | Thursday   | Friday   | Saturday   |
|---|--|--|---|--|--|--|
| <p>*Spontaneous activities occur throughout the day based on resident's preference.</p>  |  | <p>1<br/>Neighborhood News<br/>Fancy Nails<br/>AM Creative Coloring<br/>PM Sing Along<br/><b>Nights Word Search</b></p>  | <p>2<br/>Coffee &amp; News<br/>AM Trivia<br/>Bike Riding<br/>2:45 Bible Stories<br/><b>Nights Pictionary</b></p>                | <p>3<br/>Today's News<br/>AM BINGO<br/>What Am I?<br/>PM Exercise Group<br/><b>Nights Sensory Group</b></p>  | <p>4<br/>Wake up w/Friends<br/>10:30 Music with Papa Hoot and Patti<br/>AM Crafts w/Friends<br/>PM Music &amp; Movement<br/><b>Nights Games Resident's Choice</b></p>                            | <p>5<br/>Sunrise Chat<br/>AM BINGO<br/>Reminiscing Books<br/>PM Yahtzee<br/><b>Nights Music-Resident's Choice</b></p>  |
| <p>6<br/>Morning Greetings<br/>TV Church<br/>AM Collage Making<br/>PM Movie &amp; Popcorn<br/><b>Nights Hymn Songs</b></p> <p>Daylight Saving Time Ends</p>               | <p>7<br/>Socialize w/Friends<br/>Walking Club<br/>AM Finish the Line<br/>PM Balloon Volleyball<br/><b>Nights Kickball</b></p>  | <p>8<br/>Neighborhood News<br/>Fancy Nails<br/>AM Creative Coloring<br/>PM Sing Along<br/><b>Nights Word Search</b></p>  | <p>9<br/>Coffee &amp; News<br/>AM Trivia<br/><b>Thanksgiving Dinner</b><br/>2:45 Bible Stories<br/><b>Nights Pictionary</b></p> | <p>10<br/>Today's News<br/>AM BINGO<br/>What Am I?<br/>PM Exercise Group<br/><b>Nights Sensory Group</b></p>   | <p>11<br/>Wake up w/Friends<br/>Fancy Nails<br/>AM Painting w/Friends<br/>PM Music &amp; Movement<br/><b>Nights Games Resident's Choice</b></p> <p>Veterans Day<br/>Remembrance Day (Canada)</p> | <p>12<br/>Sunrise Chat<br/>AM BINGO<br/>Reminiscing Books<br/>PM Yahtzee<br/><b>Nights Music-Resident's Choice</b></p> |
| <p>13<br/>Morning Greetings<br/>TV Church<br/>AM Collage Making<br/>PM Movie &amp; Popcorn<br/><b>Nights Hymn Songs</b></p>   | <p>14<br/>Socialize w/Friends<br/>Walking Club<br/>AM Finish the Line<br/>PM Balloon Volleyball<br/><b>Nights Kickball</b></p> | <p>15<br/>Neighborhood News<br/>Fancy Nails<br/>AM Creative Coloring<br/>PM Sing Along<br/><b>Nights Word Search</b></p> | <p>16<br/>Coffee &amp; News<br/>AM Trivia<br/>Bike Riding<br/>2:45 Bible Stories<br/><b>Nights Pictionary</b></p>               | <p>17<br/>Today's News<br/>AM BINGO<br/>What Am I?<br/>PM Exercise Group<br/><b>Nights Sensory Group</b></p>   | <p>18<br/>Wake up w/Friends<br/>Fancy Nails<br/>AM Crafts w/Friends<br/>PM Music &amp; Movement<br/><b>Nights Games Resident's Choice</b></p>  | <p>19<br/>Sunrise Chat<br/>AM BINGO<br/>Reminiscing Books<br/>PM Yahtzee<br/><b>Nights Music-Resident's Choice</b></p> |
| <p>20<br/>Morning Greetings<br/>TV Church<br/>AM Collage Making<br/>PM Movie &amp; Popcorn<br/><b>Nights Hymn Songs</b></p>   | <p>21<br/>Socialize w/Friends<br/>Walking Club<br/>AM Finish the Line<br/>PM Balloon Volleyball<br/><b>Nights Kickball</b></p> | <p>22<br/>Neighborhood News<br/>Fancy Nails<br/>AM Creative Coloring<br/>PM Sing Along<br/><b>Nights Word Search</b></p> | <p>23<br/>Coffee &amp; News<br/>AM Trivia<br/>Bike Riding<br/>2:45 Bible Stories<br/><b>Nights Pictionary</b></p>               | <p>24<br/>Today's News<br/>AM BINGO<br/>What Am I?<br/>PM Exercise Group<br/><b>Nights Sensory Group</b></p> <p>Thanksgiving Day (US)</p>                                  | <p>25<br/>Wake up w/Friends<br/>Fancy Nails<br/>AM Painting w/Friends<br/>PM Music &amp; Movement<br/><b>Nights Games Resident's Choice</b></p>  | <p>26<br/>Sunrise Chat<br/>AM BINGO<br/>Reminiscing Books<br/>PM Yahtzee<br/><b>Nights Music-Resident's Choice</b></p> |
| <p>27<br/>Morning Greetings<br/>TV Church<br/>AM Collage Making<br/>PM Movie &amp; Popcorn<br/><b>Nights Hymn Songs</b></p>   | <p>28<br/>Socialize w/Friends<br/>Walking Club<br/>AM Finish the Line<br/>PM Balloon Volleyball<br/><b>Nights Kickball</b></p> | <p>29<br/>Neighborhood News<br/>Fancy Nails<br/>AM Creative Coloring<br/>PM Sing Along<br/><b>Nights Word Search</b></p> | <p>30<br/>Coffee &amp; News<br/>AM Trivia<br/>Bike Riding<br/>2:45 Bible Stories<br/><b>Nights Pictionary</b></p>               |  <p><b>November 2022</b><br/><b>The Cottages-Harbor Bay &amp; Lighthouse Cove</b></p> |  |  |