

## November 2025



October was filled with festive fun and fall spirit here on the Thornapple Manor Campus! Residents and staff alike enjoyed our spooky golf cart trail rides, where the trail was decorated in true Halloween fashion, with little scares included. The campus came alive with laughter and smiles as everyone enjoyed the rides and the unusually warm October weather.

Creativity was in full swing with pumpkin decorating and scarecrow making projects happening across our community-each one adding a personal touch of fall charm. We also ventured out on a small trip to the casino and local store, giving residents a chance to enjoy a little shopping and excitement. Our new fall games brought plenty of laughter, and Halloween wrapped up the month with a delightful visit from loads of trick-or-treaters! It was a joy to see so many happy faces, young and old.

As we turn the page to November, were looking forward to our Friendsgiving festivities - a special time to gather, share good food, and celebrate friendship and gratitude together.



## Staff Member Message and Wellness Challenge



#### Anna Hyland Nursing Team Lead for Sugarbush

Hello, My name is Anna and I've been part of this wonderful community since 1998. I first started here as a CNA, and over the years I've had the privilege of growing into my current role as a Nurse and now the Nursing Team Leader for Sugarbush. It's been an incredible journey filled with learning, laughter, and so many meaningful connections with residents, families and coworkers.



Outside of work, my greatest joy comes from my family. I have one son, one daughter, and three amazing grandchildren who keep me smiling and busy! When I'm not spending time with them, I love being outdoors - especially when the sun is shining. Boating, relaxing by the water, and soaking up the summer days are some of my favorite ways to unwind.

I am grateful to be part of the community and to have the chance to care for and support our residents each day. Sugarbush truly feels like home.

## Gratitude Beyond Thanksgiving

While Thanksgiving is a yearly reminder to reflect on what we're grateful for, it's important to continue the practice beyond the holiday. By incorporating gratitude into you daily routine, whether through journaling, meditation, or simply by expressing appreciation to those around you, you'll find that it becomes a powerful tool for maintaining emotional balance, even in difficult times.

So, this Thanksgiving, as you gather around the table, take a moment to reflect not only on what you're thankful for today but also on how practicing gratitude can transform your mental health in the long term. The benefits of gratitude are long-lasting, with a strong foundation in mental health.

Learn more about gratitude's role in mental health at: Center for Anxiety and Behavior Management- Why gratitude matters: Enhancing Mental Health this Thanksgiving.

Thornapple Manor Employees may log into the EAP Personal Advantage Library at www.pinerest.personaladvantage.com



## Celebrating our Employees



## Our Employee Of The Month!

#### Keesha Arnold

Dietary Aide Harvest Pointe
Our November employee of the month goes to Keesha.

Keesha works for our Dietary Department at Harvest Pointe. She is a team player and will fill in open shifts at the Main building as well.

Those that nominated her state that she has a caring heart, loves the residents and is a pleasure to work with. Let's congratulate Keesha!

### Anniversaries

We would like to acknowledge our staff members for their service and dedication to our residents.

- Breena S.- 3 Years
- Karlee S.- 3 Years
- Ashely B.- 11 Years
- Penny A.- 12 Years
- Kallie O.- 3 Years
- Vicki G.- 4 Years
- Sydni E.- 2 Years
- Amy L.- 2 Years
- Katie R.- 6 Years

- Doree B.- 17 Years
- Melody H.- 7 Years
- Paige H.- 12 Years
- Michelle S.- 9 Years
- Diana L.- 14 Years
- Myrandia C.- 26 Years
- Brittany D.- 10 Years
- Christina O.- 2 Years
- Tara B.- 15 Years

- Angie R.- 6 Years
- Samantha H.- 8 Years
- Carol M.- 18 Years
- Alexis C.- 2 Years
- Jim J.- 4 Years



## Reminders and Up coming Events!

Foot pedals are vital to the safety of your loved ones. Please, when pushing them in their wheelchairs, put their foot pedals on or ask the staff for assistance to put them on.

The holiday season is fast approaching. Please remember to have any new clothing or blankets marked with their name before giving to your loved ones!



## THORNAPPLE MANOR

## **Upcoming Events**

# HAPPAY BIRTHDAY

Novmeber 2- Susan G.

November 5- Donna A.

November 5- Jeanetter H.

November 5- Bob S.

Novmber 7- Lisa C.

November 13- Margaret S.

Novmeber 13- Ruby T.

November 18- Bonnie E.

November 19- Marie S.

Novmeber 20- Nancy H.

November 22- Don M.

November 23- Nianne J.

November 25- Ann G.

November 26- Joyce L.

November 27- Liz L.

November 29- Vern S.

November 30- Shirley M.



Thanksgiving at Thornapple Manor Main and Cottage November 13, 2025
12:00PM
Harvest Pointe November 19, 2025
12:00PM

Each resident has two seats available for guests.

You must RSVP by November 05, 2025
Main & Cottage- Tara Beach
Beachts@thornapplemanor.com
269-945-1301

Harvest Pointe- Tess Slagstad Slagstadtm@thornapplemanor.com 269-945-2408 EXT:1800

## November Happenings

#### November 11

- 2:00- Veterans Day Celebration with Elara Hospice-Harvest Pointe
- 10:30- Veterans Day Celebration with Gentiva Hospice-Main (for Cottages and main)
   10:30- Music with Ruth- Cottages

#### November21

- 2:30- Tastey Travels: Scandinavia- Harvest Pointe
- 2:00 Drive in Movie-WWLR

#### November 25

- 10:00- Stained Glass Art- Harvest Pointe
- 2:00 Birthday Club-CDDR

#### November 13

- 12:00- Friendsgiving at Main Building and the Cottage- (You must RSVP)
- 3:00- Piano with Norm Barlow- Harvest Pointe

#### November 28

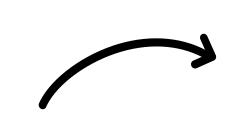
- Afternoon Movie "Still Mine"- Harvest
   Pointe
- 10:00 Manor Market-CDLR

#### November 17

- 1:00- Basement Blue Grass Band- Harvest Pointe
- 2:00 Leaf Craft- WWLR
   November 19
- 12:00Pm Friendsgiving at Harvest Pointe (you must RSVP)
- 2:00 Feed the Turkey-SBLR

#### November 29

- Deck the Halls at Harvest Pointe
- 10:30 BINGO- CDDR



Check out all our events using this QR Code

