



Thornapple Tribune

Enjoy our monthly newsletter that celebrates our employees, showcases the love we have for our residents, and brags about the fun we have!

This Month's Highlights

- ✓ Staff Member Message
- ✓ Wellness
- ✓ Celebrating our Employees
- ✓ Event Highlights



May 2026



Spring made a joyful appearance all around our campus as residents, families, and staff came together to celebrate the Easter season and enjoy the beauty of warmer days. Between passing rain clouds, everyone took full advantage of sunshine-sitting outside, taking refreshing walks, and soaking in the sights and sounds of spring.

One highlight of the season was our Senior Prom, hosted in collaboration with the Maple Valley Choir. Residents enjoyed an afternoon filled with music, dancing, and wonderful memories. The choir's beautiful performance brought energy and joy to the event, and the prom atmosphere gave everyone the chance to dress up, socialize, and relive cherished memories.

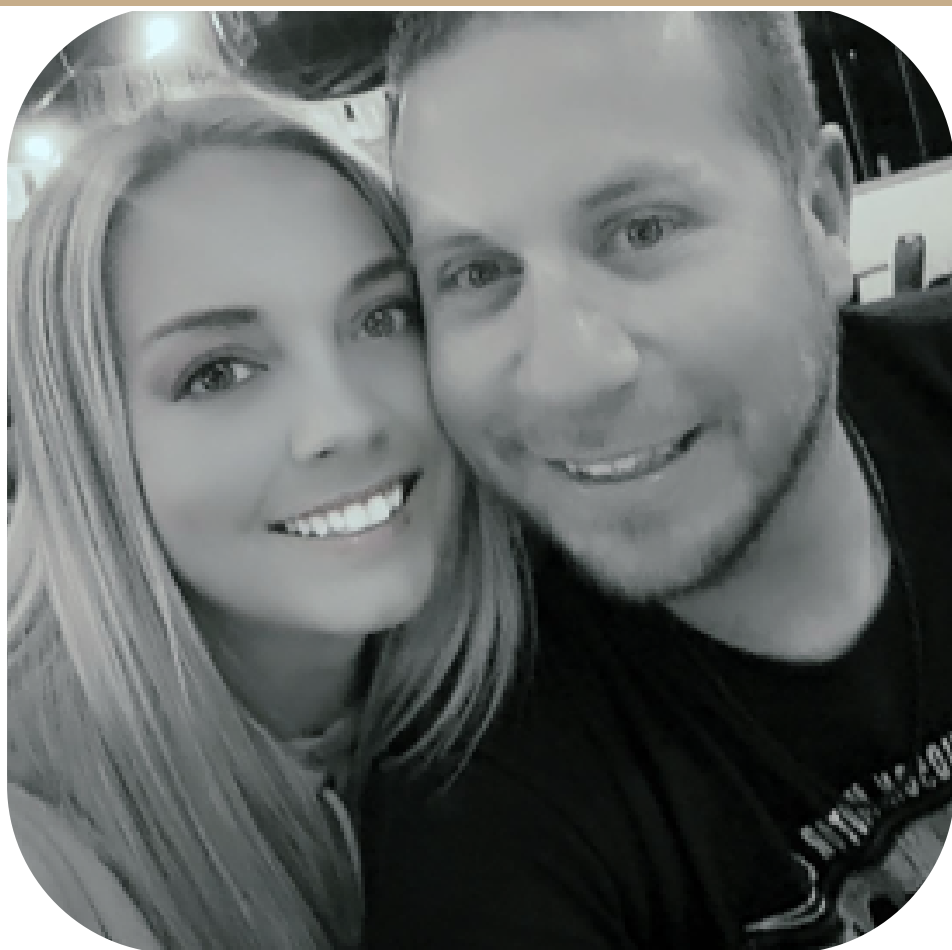
A special thank you goes to the local businesses that generously donated tulip plants for all of our residents. Adding to the excitement, a group of 4-H kids visited campus and personally handed out the tulips, creating meaningful connections and brightening everyone's day with their kindness and energy.

Throughout the season, residents also enjoyed a variety of new spring-themed crafts and games, keeping creativity and fun in full bloom. These activities provided wonderful opportunities for socializing, laughing, and celebrating the renewal that spring brings.

It was truly a season filled with joy, togetherness, and fresh beginnings. Thank you to everyone who helped make our spring and Easter celebrations so special – we look forward to many more sunny days ahead!



Staff Member Message and Wellness Challenge



Chelsea Reeves
Resident Care Coordinator

I have been part of the Thornapple Manor team for 13 Years, and it has truly been a rewarding journey. I spent 10 years as a CNA, and I am now in my third year as a Resident Care Coordinator, presently serving the Cloverdale Lane Neighborhood. Caring for residents and being part of such a supportive team is something I truly value.



Outside of work, my life is busy and full in the best way. I've been married for 12 years, and my husband and I have four kids: Adalynn (17), Kaden (13), Reagan (9), and Ryleigh (5). Most of our time is spent cheering from a ball field or a court, and when we're not doing that, you can usually find us camping or enjoying time on the lake together.

I look forward to what the future at Thornapple Manor holds for me!

National Women's Health Week

Prioritizing Mind and Body - May 10-26, 2026

National Women's Health Week, led by the Office on Women's Health, begins each year on Mother's Day and encourages women to make their health a priority. This year highlights key areas such as menopause, mental health, and cancer awareness.

You can focus on these areas by scheduling recommended health screenings, talking with a healthcare provider about menopause symptoms or concerns, checking in on your mental well-being, and making daily choices that support your health – such as balanced eating, regular movement, quality sleep, and staying connected with supportive people. Even small steps can make a meaningful difference in lifelong wellness.

#OneThingForMyHealth invites you to share on social media, just one thing you're doing to prioritize your health and help prevent or manage chronic disease – no matter how big or small. Ideas of "One Thing" to share:

- "Skipped coffee to sleep better and feel calmer."
- "Took a short walk or break to recharge."
- "Meditated for 5 minutes."
- "Scheduled a mammogram appointment."
- "Ate fruit and vegetables today."
- "Avoided smoking or vaping today."
- "Walked my dog to stay active and ease menopause symptoms."



Celebrating our Employees

Our Employee Of The Month!



Taylor Lenz

Human Resources Assistant

Taylor's nominations highlighted her as a dedicated and hardworking team member who is consistently kind, supportive, and responsive. She communicates effectively, stays organized, and helps keep things running smoothly. Her positive attitude, willingness to help wherever needed, and warm, welcoming presence make her a valued coworker who brings comfort to both staff and residents.

Anniversaries

We would like to acknowledge our staff members for their service and dedication to our residents.

- Abigail D. 3 Years
- Kala B. 9 Years
- Sara D. 16 Years
- Hope B. 30 Years
- Alicia P. 13 Years
- Josh R. 7 Years
- Lorie W. 7 Years
- Pat F. 36 Years
- MyKaela S. 1 Year
- Tricia O. 29 years
- Heather D. 9 Years
- Damica W. 2 Years
- Ethan M. 1 Year
- Robyn C. 5 Years
- Kim C. 21 Years
- Katie T. 21 Years
- Rachel G. 20 Years
- Amy W. 9 Years
- Angie H. 8 Years
- Sarah R. 8 years
- Kristin L. 4 Years
- Rachel C. 1 Year
- Sierra J. 1 Year
- Kyla S. 1 Year
- Shannon A. 19 Years
- Stephanie W. 7 Years
- Tess S. 32 Years
- Carol M. 6 Years
- Kylee G. 1 Year
- Closrissa H. 8 Years

Reminders and Upcoming Events

Foot pedals are vital to the safety of your loved ones. Please, when pushing them in their wheelchairs, put their foot pedals on or ask the staff for assistance to put them on.

Friendly dogs are welcome to come visit while on a leash. Before visits are approved, dogs must be brought to the Life Enrichment Director to be assessed, including a copy of the dog's vaccination record.



THORNAPPLE

MANOR

Upcoming Events

HAPPY BIRTHDAY

- May 02- Solvej W.
- May 05- Carol B.
Mary T.
- May 07- Virginia W.
- May 08- Janice H.
- May 09- Susan M.
- May 11- Tom M.
- May 12- Judy J.
- May 13- Kay H.
Nancy Z.
- May 15- Donna M.
Richard M.
- May 17- Mary Lou W.
- May 26- Shirley S.
- May 28- Dorman G.



May Happenings

May 1

- 10am- Kentucky Derby, WWLR
- 10:30am- Toilet Paper Derby, Harvest Pointe
- 2pm- Lucky Dog Band, SBLR
- Golf Cart Rides, The Cottages

May 6

- 10:30am- Bingo, CDDR
- 1:30pm- Music with Bob, Harvest Pointe
- 2pm- Golf Cart Rides, WW/MPP
- 2:45pm- Bible Stories, The Cottages

May 12

- 9:30am- Chair Drumming, Harvest Pointe
- 10am- Music and Stories with Ruth, WWLR
- 1:30pm- Music and Stories with Ruth, The Cottages
- 2pm- Tea Party with Elara, WWLR

May 14

- 10am- Manor Market, CDLR
- 11am- Men's Group, WWLR
- Bingo, The Cottages
- 1:30pm- Tigers Game and Treats, Harvest Pointe

May 15

- 10:30am- Catholic Mass, SBLR
- 2pm- The Great Costume Crawl, SBLR
- Exercise Fun, The Cottages

May 20

- 10am- Balloon Tic Tac Toe, WWLR
- 2pm- Resident Memorial, SBLR
- 2:30pm- Tasty Travel Japan, Harvest Pointe
- 2:45pm- Bible Stories, The Cottages

May 26

- 10am- Bug Out Game, WWLR
- 2pm- Birthday Club, CDDR
- 2pm- Ukulele Music, The Cottages
- 2:30pm- Nails and Music, Harvest Pointe

Check out all our events using this QR Code

