



Thornapple Tribune

Enjoy our monthly newsletter that celebrates our employees, showcases the love we have for our residents, and brags about the fun we have!

This Month's Highlights

- ✓ Staff Member Message
- ✓ Wellness
- ✓ Celebrating our Employees
- ✓ Event Highlights



October 2026



September Recap:

Harvest Pointe Celebrated Assisted Living Week with a fun-filled trip back to the 1950s! The week was packed with laughter, music, and plenty of nostalgia. Residents enjoyed karaoke, a bubble gum blowing contest, an Elvis themed game, and lots of favorite 50s tunes. Of course, no 50s celebration would be complete without root beer floats and delicious malts! We wrapped up the week by grilling burgers and enjoying a beautiful day together outside.

The fun didn't stop at Harvest Pointe! There was plenty happening across campus, too. Residents enjoyed the sights, sounds, and flavors of fall with apple pressing, exercise groups, golf cart rides, and our walking club. We also had a little friendly competition with a fun Penny Auction, and the Claw Machine was big hit!

It was wonderful to see so many smiles, hear so much laughter, and watch residents and staff come together to enjoy the season. We're already looking forward to all the fun still to come!



Staff Member Message and Wellness Challenge



Cora Piper

Cottages Team Leader and Wound Care Nurse

I have been a part of Thornapple Manor for the past three and a half years. I started my journey here as a night shift Charge Nurse, and it has grown into my role as the Team Leader for The Cottages and the Wound Care Nurse. It has been a rewarding experience to grow within the facility and to build meaningful relationships with some residents and coworkers along the way.

Outside of work, I have been married for two years and my family is a big part of my life. My husband and I are proud parents to our two rescue dogs, Duke and Todd, who keep us entertained.

When I'm not working, I enjoy spending time with my family and friends, hanging out with my dogs, and going to the gym. I am also a big U of M fan and love attending basketball and football games when I get the chance.

I'm grateful for the experiences I've had at Thornapple Manor and look forward to continuing to grow, learn, and make a difference in the lives of our residents.



Breast Cancer Awareness Month

Every October, Breast Cancer Awareness Month helps raise awareness about early detection, prevention, and support for those affected by this disease.

October is also a great time to focus on healthy choices that may help reduce breast cancer risk. One of those choices is the food we eat. For vegetables, try adding more dark leafy greens and cruciferous options like spinach, broccoli, cabbage, and brussels sprouts. Fruits like berries, citrus, cherries, and pomegranates are rich with antioxidants and can be great addition to your diet. Beans, lentils, and oats, breads, or cereals made with whole grains are also great sources of fiber and other important nutrients.

This October, take a little extra time to learn, encourage those affected, and make choices that can help promote long-term health and wellbeing.



Celebrating our Employees

Our Employee Of The Month!



Kimberly Campbell

Certified Nursing Assistant

Join us in congratulating Kimberly Campbell on being selected as the Thornapple Manor October Employee of the Month! Kim received many wonderful nominations, and one thing is evident throughout them all – Kim makes a difference to the people around her every day. Her friendly smile, willingness to lend a hand, and genuine compassion make her someone residents and coworkers know they can count on.

Anniversaries

We would like to acknowledge our staff members for their service and dedication to our residents.

- Teresa C. 3 Years
- Marchelle W. 2 Years
- Kailee W. 9 Years
- Cindy A. 20 Years
- Julie G. 13 Years
- Paige S. 1 Year
- Lesley D. 14 Years
- Grace M. 1 Year
- Shannon M. 1 Year
- Nicole B. 14 Years
- Kimberly P. 13 Years
- Steven H. 27 Years
- Heather B. 5 Years
- Angela B. 4 Years
- Inna C. 4 Years
- Juliann M. 4 Years
- Oleksandra A. 3 Years
- Jennifer G. 1 Year
- Tiffany H. 23 Years

Reminders and Upcoming Events



Fall fun is just around the corner!

As we look ahead to fall and the holiday season, we have lots of special events planned. One favorite traditions is Trick-or-Treating on our campus, which continues to grow each year and is enjoyed by our residents and community.

We are now accepting donations of wrapped Halloween candy to help make this year's celebration extra sweet!



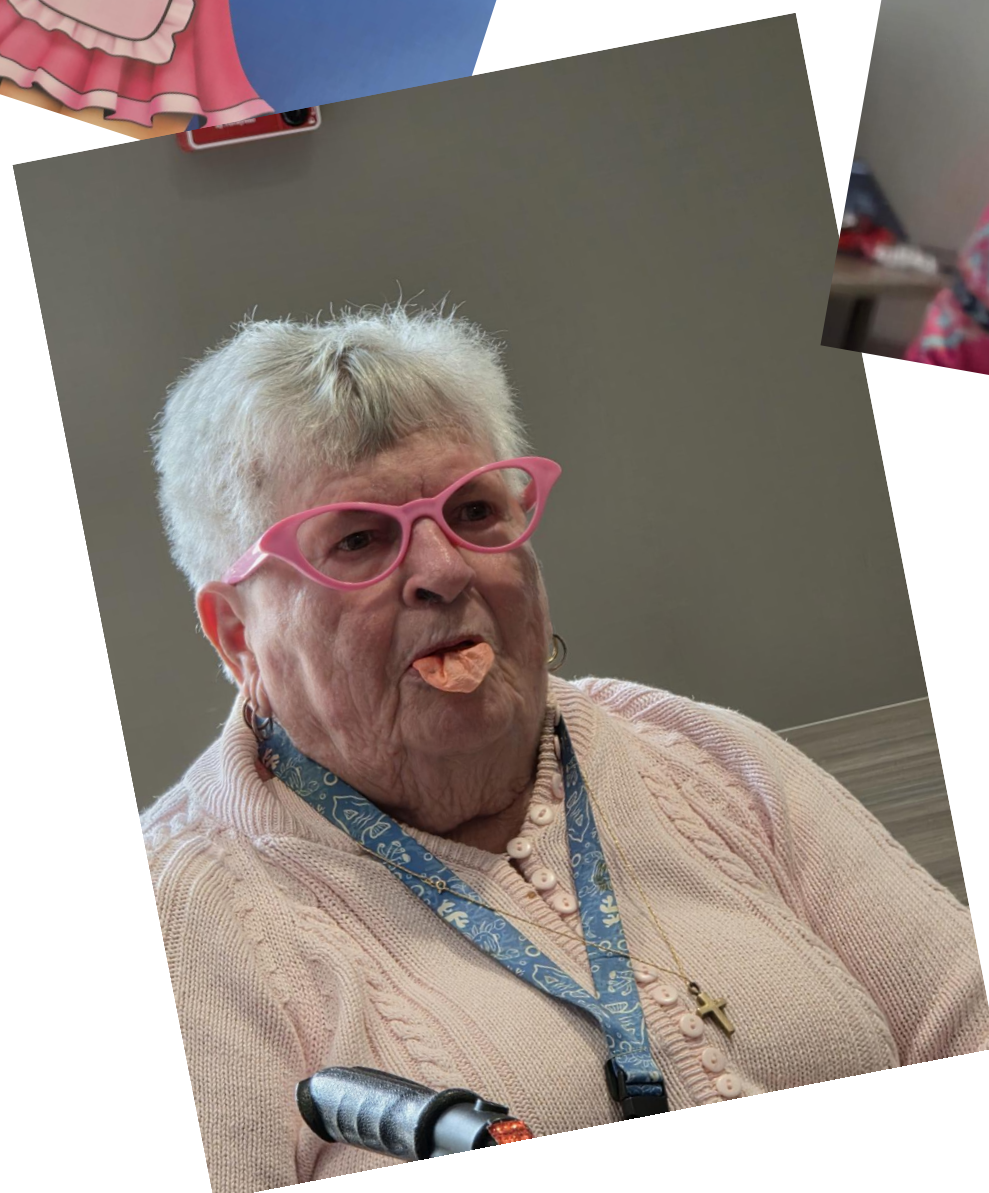


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MANOR

HAPPY BIRTHDAY

October 4- Sally S.
 October 5- Marguritte R.
 October 6- Deb D.
 October 10- Michael F.
 October 15- Marian G.
 October 19- Brenda S.
 October 21- Kathleen M.
 Joan W.
 October 22- Herbert K.
 October 22- Agnus H.
 October 23- Marion E.
 October 27- Kathleen H.
 October 29- Bob D.
 October 30- Karl S.
 October 31- Emmie G.



Upcoming Events

October Happenings

October 3

- 1:30pm- Family Feud, SBLR
- Walking Club @ The Cottages
- Walk with Friends @ Harvest Pointe

October 6

- 10a- Nails and Nonsense
- 10Am Seated Exercise @ Harvest Pointe
- Ukulele Music, SBLR
- Bowling @ The Cottages

October 16

- 10a- Apple Bobbing, WWLR
- 10:30am- Catholic Mass, SBLR
- 10:30 Cider and Donuts @ Harvest Pointe
- Exercise @ The Cottages

October 23

- 1:30pm- Brews, Bites and Broomsticks
- Outside Adventures @ The Cottages
- 1:30 Pumkin Contest Winner Announced @ Harvest Pointe

October 30

- 10Am Left, Right Halloween Game
- 3-5pm- Campus Wide Trick-or-Treating

Check out all our events using this QR Code

